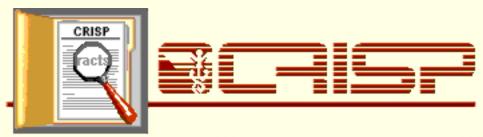
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Abstract

Grant Number: 5R01AG016328-02

PI Name: NICHOLS, LINDA O.

PI Title:

Project Title: PROVIDERS AND ALZHEIMER'S CAREGIVERS TOGETHER

Abstract: This randomized clinical trial of 240 African American and Caucasian homebound dementia caregiver-care recipient dyads examines the effectiveness of interventions designed to: 1) reduce caregiver depression and anxiety, and improve health perception, 2) reduce the number of hours of informal care provided by the caregiver, and 3) reduce formal and informal health service utilization by both dyad members. Dyads will be randomized to Usual Care, Behavior Care, or Enhanced Care. Interventions will take place weekly for eight weeks during a regularly scheduled skilled nursing home care visit. This trial uses materials, protocols, and methodologies developed in a currently NINR-NIA funded multisite study of Resources to Enhance Alzheimer's Caregiver Health (REACH). It expands this work by studying homebound dyads and proposes to analyze cost outcomes.

Thesaurus Terms:

Alzheimer's disease, anxiety, behavior therapy, caregiver, depression, health care service evaluation, human therapy evaluation

African American, caucasian American, clinical trial, coping, cost effectiveness, health care service utilization, home health care, nursing intervention, racial /ethnic difference behavioral /social science research tag, clinical research, health services research tag, human subject

Institution: UNIVERSITY OF TENNESSEE HEALTH SCI CTR

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